In 2008, there were 1.8 million stays for a principal MHSA diagnosis. About three-quarters (1.3 million) of these stays had a MH disorder and one-quarter of these (0.5 million) had a SA disorder.

- Accounting for 44 percent of discharges, mood disorders (depression and bipolar disorders) was the most common reason for a MHSA stay in 2008. Depression was responsible for 24 percent of the 1.8 million MHSA stays and bipolar disorders for another 20 percent of MHSA stays.
- SA disorders contributed 26 percent of all MHSA discharges, with alcohol-related disorders responsible for 14 percent and drug-related disorders for 12 percent of all MHSA discharges.
- Schizophrenia/other psychotic disorders made up nearly one in five MHSA hospitalizations (19 percent).
- The remaining 9 percent of MHSA stays in 2008 were for anxiety disorders (2 percent), adjustment disorders (2 percent), and all other MH conditions (5 percent).